

# Rowden News



*Don't forget you can use the website:*

- \* *To book routine appointments*
- \* *To order repeat prescriptions*
- \* *To cancel appointments*
- \* *To update your contact details*
- \* *To complete our Friends & Family questionnaire*
- \* *For links to other useful websites*
- \* *Get health and Travel Advice*
- \* *To see your summary Record*

Welcome to our new look Newsletter. As some of you may have noticed we have given our website a bit of a spruce up too. Our website is a wealth of information and functionality—see the side-bar to the left of this newsletter for a summary.

Our Practice Team has changed since our last newsletter. Jim Milner, the Practice Manager, has retired and I have replaced him. I have been working in the Surgery for 4 years as the Practice Nurse Manager and have stepped up to fill Jim's shoes. I have been in post just over six months now and still enjoying the challenges the role brings. Phil Hayden, the Reception Manager, left the practice at the end of last year and Tracey Cooke has replaced her. Tracey has been part of the reception team for nearly 7 years. Diana Freeman who has been with the surgery for more years than she cares to remember is now Finance and HR manager.

In other news it is Autumn now (did we blink and miss the summer?) and that can only mean one thing—it is flu vaccination time of year again. The bunting has gone up, the posters are out and our first Saturday flu clinic is available for booking. As in previous years we will be opening the surgery on a Saturday purely for the flu clinic. If you are eligible for the flu vaccination please contact us to make an appointment, our flu line number is: 01249 479812. Please note this year you will also be eligible if your Body Mass Index (BMI) is over 40. For more information about the flu and eligibility please see our webpage.

That's it for now, if you wish to see anything else in the newsletter please let us know via [rowden.surgery@nhs.net](mailto:rowden.surgery@nhs.net)